

Avondale Physical Therapy Resources

Occupational and physical therapists collaborate with the educational team to address student needs. They work with a variety of people such as:

- students, to improve their performance in a variety of learning environments (playgrounds, classrooms, lunch rooms, bathrooms, etc.) and optimize their performance with adaptations & accommodations:
- parents, to help them support their children's learning and participation in school;
- educators and other school support staff, to plan and develop activities and environments that include all students:
- para-educators, to support child success and promote safety within the school environment (e.g., physical and behavioral assistance needs); and
- administrators, to provide training for students, staff, and parents, as well as to recommend equipment for schools and ways to modify existing buildings and curriculum to allow access for all.

A physical therapist addresses needs around gross motor development, such as sitting, walking, running, jumping, climbing, and adaptive equipment to enhance independence and function.

Physical Therapy Resources

Circle Time Tips & Strategies	<u>View Article</u>
10 Tips & Tricks for Waiting & Walking in Line at School	<u>View Article</u>
Positive Discipline – 10 Ways to STOP Taking Recess Away	<u>View Article</u>
Gross Motor Milestones (0-5 years)	<u>View Article</u>
Is Toe Walking Something to be Concerned About?	<u>View Article</u>
Backpack Safety Tips	<u>View Article</u>
Core Strengthening for Kids	<u>View Article</u>
Alternatives to Taking Recess Away from Kids	<u>View Article</u>
Games & Activities to Get Kids Learning While Moving	<u>View Article</u>
Creative Indoor Recess Games	<u>View Article</u>
Importance of Good Sitting Posture for School	<u>View Article</u>
Movement Breaks to Help Kids Stay Alert & Focused	<u>View Article</u>
What's Wrong with "W" Sitting	<u>View Article</u>
Playgrounds in Metro Detroit Area	<u>View Article</u>
Far Therapy	<u>Visit Website</u>
RARA Special Needs Recreation	<u>Visit Website</u>
Belightful Special Needs Yoga	<u>Visit Website</u>



Contact Information

The information contained in this document is not intended or implied to be a substitute for professional medical advice. If you have further questions and would like to speak to us directly, please contact us by email.

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